

2026 International Global Worker Medical, Dental & Vision Monthly Premiums Effective 01/01/26

Cigna Global Heath 1500 (HSA Qualified) Medical Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Work Funds	\$585.40	\$1,170.81	\$1,112.27	\$1,756.21
Personal Cost	\$0.00	\$0.00	\$0.00	\$0.00
Total Cost	\$585.40	\$1,170.81	\$1,112.27	\$1,756.21
MCP* Cost	\$597.11	\$1,194.23	\$1,134.52	\$1,791.33

Cigna Global Heath 3500 Medical Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Work Funds	\$392.67	\$785.33	\$746.07	\$1,178.00
Personal Cost	\$0.00	\$0.00	\$0.00	\$0.00
Total Cost	\$392.67	\$785.33	\$746.07	\$1,178.00
MCP* Cost	\$400.52	\$801.04	\$760.99	\$1,201.56

Cigna Global Dental (Long Term only) Dental Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Personal Cost				
Plus Plan	\$33.95	\$70.59	\$70.95	\$121.14
MCP* Cost	\$34.63	\$72.00	\$72.37	\$123.56

Basic Plan	\$25.16	\$49.99	\$50.24	\$91.87
MCP* Cost	\$25.66	\$50.99	\$51.24	\$93.71

VSP (Long Term Only) Vision Coverage Rates				
	Employee (EE) Only	EE + One		EE + Family
Personal Cost				
VSP Choice	\$8.04	\$11.65		\$20.90
MCP* Cost	\$8.20	\$11.88	\$0.00	\$21.32

*MCP is GSFR's Medical Continuation Provision program for the continuation of coverage for terminating employees under age 65.

10/02/25