## 2025 International Medical, Dental & Vision Monthly Premiums Effective 01/01/25

	Cigna Global Heath 1500 (HSA Qualified)			
	Medical Coverage Rates			
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Work Funds	\$446.75	\$893.50	\$848.83	\$1,340.25
Personal Cost	\$0.00	\$0.00	\$0.00	\$0.00
Total Cost	\$446.75	\$893.50	\$848.83	\$1,340.25
MCP* Cost	\$455.69	\$911.37	\$865.81	\$1,367.06

	Cigna Global Heath 3500 Medical Coverage Rates			
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Work Funds	\$356.97	\$713.94	\$678.25	\$1,070.92
Personal Cost	\$0.00	\$0.00	\$0.00	\$0.00
Total Cost	\$356.97	\$713.94	\$678.25	\$1,070.92
MCP* Cost	\$364.11	\$728.22	\$691.82	\$1,092.34

	Cigna Global Dental (Long Term only)  Dental Coverage Rates			
Personal Cost	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Plus Plan	\$33.95	\$70.59	\$70.95	\$121.14
MCP* Cost	\$34.63	\$72.00	\$72.37	\$123.56
Basic Plan	\$25.16	\$49.99	\$50.24	\$91.87
MCP* Cost	\$25.66	\$50.99	\$51.24	\$93.71

	VSP (Long Term Only) Vision Coverage Rates			
Personal Cost	Employee (EE) Only	EE + One		EE + Family
VSP Choice	\$8.04	\$11.65		\$20.90
MCP* Cost	\$8.20	\$11.88	\$0.00	\$21.32

<sup>\*</sup>MCP is GSFR's Medical Continuation Provision program for the continuation of coverage for terminating employees under age 65.